

**SPINNING SCHEDULE**
**FEBRUARY 2012**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 6:00 am-7:00 am - SD 11:30 am-12:30 pm - JF (GYM) 6:30 pm-7:30pm – AO (GYM)	<b>2</b> 5:15 am-6:15 am - LD (Spin & Sculpt) 4:30pm-5:30pm – MD 5:30pm-6:30pm – MT	<b>3</b> 6:00 am-7:00 am - AO 11:30 am-12:30 pm - SR (GYM)	<b>4</b> 8:15-9:15 am – MD (GYM)
<b>5</b>	<b>6</b> 6:00 am-7:00 am - SD 11:30 am-12:30 pm- JF (GYM) 6:30 pm-7:30pm – AO (GYM)	<b>7</b> 5:15 am-6:15 am – LD 8:30 am-9:30 am – SR (Spin & Sculpt) 5:30 pm-6:30 pm – MT (Spin & Stretch)	<b>8</b> 6:00 am-7:00 am - SD 11:30 am-12:30 pm - JF (GYM) 6:30 pm-7:30pm – AO (GYM)	<b>9</b> 5:15 am-6:15 am - LD (Spin & Sculpt) 4:30pm-5:30pm – MD 5:30pm-6:30pm – MT	<b>10</b> 6:00 am-7:00 am - AO 11:30 am-12:30 pm – SR (GYM)	<b>11</b> 8:15-9:15 am – MD (GYM)
<b>12</b>	<b>13</b> 6:00 am-7:00 am - SD 11:30 am-12:30 pm- SS (GYM) 6:30 pm-7:30pm – AO (GYM)	<b>14</b> 5:15 am-6:15 am – LD 8:30 am-9:30 am – SR (Spin & Sculpt) 5:30pm-6:30pm – MT (Spin & Stretch)	<b>15</b> 6:00 am-7:00 am - SD 11:30 am-12:30 pm -JF (GYM) 6:30 pm-7:30 pm – AO (GYM)	<b>16</b> 5:15 am-6:15 am – LD (Spin & Sculpt) 4:30pm-5:30pm – MD 5:30pm-6:30pm – MT	<b>17</b> 6:00 am-7:00 am - AO 11:30 am-12:30 pm – SR (GYM)	<b>18</b> 8:15-9:15 am – MD (GYM)
<b>19</b>	<b>20</b> 6:00 am-7:00 am - SD 11:30 am-12:30 pm- SS (GYM) 6:30 pm-7:30pm – AO (GYM)	<b>21</b> 5:15 am-6:15 am – LD 8:30 am-9:30 am – SR (Spin & Sculpt) 5:30pm-6:30pm – MT (Spin & Stretch)	<b>22</b> 6:00 am -7:00 am – SD 11:30 am-12:30 pm- MT (GYM) 6:30 pm-7:30 pm– AO (GYM)	<b>23</b> 5:15 am-6:15 am – LD (Spin & Sculpt) 4:30pm-5:30pm – MD 5:30pm-6:30pm – MT	<b>24</b> 6:00 am-7:00 am - AO 11:30 am-12:30 pm – JF (GYM)	<b>25</b> 8:15-9:15 am – MD (GYM)
<b>26</b>	<b>27</b> 6:00 am-7:00 am - SD 11:30 am-12:30 pm- SS (GYM) 6:30 pm-7:30pm – AO (GYM)	<b>28</b> 5:15 am-6:15 am - LD 8:30 am-9:30 am – SR (Spin & Sculpt) 5:30 pm-6:30 pm – MT (Spin & Stretch)	<b>29</b> 6:00 am -7:00 am – SD 11:30 am-12:30 pm - JF (GYM) 6:30 pm-7:30 pm - AO			

**Instructors:** Mary Dabkowski (MD), Leanne DiAngelo (LD), Shawna Dulin (SD), Joanne Fairbanks (JF), Nina Glisan (NG), Ailynn Orteza (AO), Samantha Rondini (SR), Lori Sherlock (LS), Jennifer Sivak (JS), Sandy Stephens (SS), Garreth Sutton (GS), Georgette Taylor (GT), Mike Taylor (MT), Rob Voorhees (RV),

**\*\*Please see the bulletin board for updates and/or changes\*\***