

Pilates Schedule –February 2012

Monday	Tuesday	Wednesday	Thursday	Friday
30 10:00am Mat 2 – DY 6:30PM – Mat 1 –CT	31 Personal Training Classes DY	1 8:00am Reformer 2 -DY 9:00am Reformer 1 – DY 10:00am Mat 2 – DY 6:30PM – Mat 1 –CT	2 Personal Training Classes DY 11:00am Reformer 2 – DY	3 No Classes
6 10:00am Mat 2 – CT 6:30PM – Mat 1 –CT	7 Personal Training Classes DY	8 8:00am Reformer 2 -DY 9:00am Reformer 1 – DY 10:00am Mat 2 – DY 6:30PM – Mat 1 –CT	9 No Classes	10 No Classes
13 10:00am Mat 2 – CT 6:30PM – Mat 1 –CT	14 No Classes	15 10:00am Mat 2 – CT 6:30PM – Mat 1 –CT	16 No Classes	17 No Classes
20 10:00am Mat 2 – DY 6:30PM – Mat 1 –CT	21 Personal Training Classes DY	22 8:00am Reformer 2 -DY 9:00am Reformer 1 – DY 10:00am Mat 2 – DY 6:30PM – Mat 1 –CT	23 Personal Training Classes DY 11:00am Reformer 2 – DY	24 No Classes
27 10:00am Mat 2 – DY 6:30PM – Mat 1 –CT	28 Personal Training Classes DY	29 8:00am Reformer 2 -DY 9:00am Reformer 1 – DY 10:00am Mat 2 – DY 6:30PM – Mat 1 –CT	<u>Instructors</u> Deborah Yackel – DY Carol Tennant - CT	