

Water Aerobics Schedule

JULY 2011

6-15-11

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 11am-12pm – CG “Mobility Class” 5:30-6:30pm Lindsay “Deep Water Running”	2 8:45-9:45am Shawna “Water Zumba” 10:00-11:00am Clara “Deep Water Running”
3 No Class	4 CLOSED	5 6:30-7:30 am – HH “Advanced Mobility Class” 5:45-6:30pm - BP “Deep Water Running” 6:30-7:30pm – MA “Water Aerobics”	6 11:00am-12:00pm – CG “Mobility Class” 5:45-6:30pm – LB “Deep Water Running” 6:30-7:30pm – LB “Water Aerobics”	7 6:30-7:30 am – SG “Advanced Mobility Class” 5:45-6:30pm - BP “Deep Water Running” 6:30-7:30pm – MA “Water Aerobics”	8 11am-12pm – CG “Mobility Class” 5:30-6:30pm TBD “Deep Water Running”	9 8:45-9:45am Shawna “Water Zumba” 10:00-11:00am Clara “Deep Water Running”
10 No Class	11 11:00am-12:00pm – CG “Mobility Class” 5:45-6:30pm – ES “Deep Water Running” 6:30-7:30pm – ES “Water Aerobics”	12 6:30-7:30 am – CG “Advanced Mobility Class” 5:45-6:30pm - BP “Deep Water Running” 6:30-7:30pm – MA “Water Aerobics”	13 11:00am-12:00pm – CG “Mobility Class” 5:45-6:30pm – LB “Deep Water Running” 6:30-7:30pm – LB “Water Aerobics”	14 6:30-7:30 am – SG “Advanced Mobility Class” 5:45-6:30pm - BP “Deep Water Running” 6:30-7:30pm – MA “Water Aerobics”	15 11am-12pm – CG “Mobility Class” 5:30-6:30pm Lindsay “Deep Water Running”	16 8:45-9:45am Shawna “Water Zumba” 10:00-11:00am Clara “Deep Water Running”
17 No Class	18 11:00am-12:00pm -CG “Mobility Class” 5:45-6:30pm – ES “Deep Water Running” 6:30-7:30pm – ES “Water Aerobics”	19 6:30-7:30 am – “Advanced Mobility Class” 5:45-6:30pm - CP “Deep Water Running” 6:30-7:30pm – MA “Water Aerobics”	20 11:00am-12:00pm-CG “Mobility Class” 5:45-6:30pm – LB “Deep Water Running” 6:30-7:30pm – LB “Water Aerobics”	21 6:30-7:30 am – SG “Advanced Mobility Class” 5:45-6:30pm - CP “Deep Water Running” 6:30-7:30pm – MA “Water Aerobics”	22 11am-12pm –CG “Mobility Class” 5:30-6:30pm TBD “Deep Water Running”	23 8:45-9:45am Shawna “Water Zumba” 10:00-11:00am Clara “Deep Water Running”
24 No Class	25 11:00am-12:00pm – CG “Mobility Class” 5:45-6:30pm – ES “Deep Water Running” 6:30-7:30pm – ES “Water Aerobics”	26 6:30-7:30 am – “Advanced Mobility Class” 5:45-6:30pm - CP “Deep Water Running” 6:30-7:30pm – MA “Water Aerobics”	27 11:00am-12:00pm-CG “Mobility Class” 5:45-6:30pm – TBD “Deep Water Running” 6:30-7:30pm – TBD “Water Aerobics”	28 6:30-7:30 am – SG “Advanced Mobility Class” 5:45-6:30pm - CP “Deep Water Running” 6:30-7:30pm – MA “Water Aerobics”	29 11am-12pm –CG “Mobility Class” 5:30-6:30pm TBD “Deep Water Running”	30 8:45-9:45am Shawna “Water Zumba” 10:00-11:00am TBD “Deep Water Running”

LB – Lindsay Beery; MA – Maxine Arbogast; SG – Stephen Gutshall; CP – Courtney Parker, ES – Emily Squires, HH – Heather Hazucha CG – Clara Grandt